

Greg Choong's Recipe – Updated on 29 Jan 2004

Commons	EI	Dilution	Duration	Temperature
Pre-Wash			3 mins	
SB		1+19	1 min	
Fixer		1+4	4 mins	
RINSE			3 min	
HCA		1+4	5 min	
WASH			10 min (w HCA) 15 min (w/o HCA)	
Wetting Agent		1 cap+1L water	2 min	
Chemicals		Dilution	Duration	Temperature
HP5+				
D76	ISO 320	1+1	6 min 15 secs	27c
D76	ISO 800	1+1	8 min 30 secs	27c
Rodinol	ISO 320	1+25	7 min	21c
Rodinol	ISO 1600	1+50	10-11 mins	27c
Diafine	ISO 640	N/a	3.5min each	Room temperature
New TRI-X				
D76	ISO 320	1+1	6 min 15 sec	27c
D76	ISO 320	1+1	6 min 45 sec	25c
Rodinol	ISO 320	1+30	7 min	21c
Rodinol	ISO 320	1+50	7 min	27c
Diafine	ISO 1000	N/a	3.5 min each	Room temperature
Old TRI-X				
Rodinol	ISO 400	1+30	7 min 30 secs	20c
Delta 100				
D76	ISO 80	1+1	6 min 45 secs	25c
Delta 400				
D76	ISO 400	1+1	8 min	24c
D76	ISO 400	1+1	5min	27c
Kodak HIE	With 091 Filter			
D76	ISO 800	1+1	6 min	27c
Neopan 1600				
D76	ISO 1250	1+1	6 min 45s	25c
Diafine	ISO 2400	N/A	4+4	Room Temperature

Disclaimer: Information given are based on my actual experimentations. Use and refine them to your expectations. I am not responsible for your unsatisfactory results using these information. Good results are determined also by the right agitation routine and developing skill.

Greg Choong
www.gregchoongphotography.com

Below are local photographers' contributions. They have not been tested by me personally but I believe they will serve as good guidelines to those who want to experiment them. It's impossible for me to include all (especially vital information like dilution, temperature, EI etc are not available) and if you find something I should have included, feel free to email me at greg_choong@yahoo.com

These information are provided as free to all enthusiasts. I'll try to update this as often as I can. Enjoy!

Chemicals	Rate	Dilution	Duration	Temperature	Contributors
Neopan 1600					
D76	ISO 1000~1250	1+1	5 min 30 secs	27c	Stephenloh
D76	ISO 1250	1+1	5 mins	28c	Osszy
Diafine	ISO 3200	N/A	N/A	Room Temperature	Ansel
HC110	ISO 1600	1+70	20mins	28c	PolarBear
TRI-X					
Diafine	ISO 1600	N/A	N/A	Room Temperature	Streets shooter
HC110	ISO 400	1+63	5 mins	22c	Ansel
Rodinol	ISO 640	1+50	8 mins	28c	Zhapchit
Rodinol	ISO 320	1+50	8 mins	27c	PolarBear
XP2					
Diafine	ISO 250	N/A	N/A	Room Temperature	Ansel
HP5+					
Rodinol	ISO 1600	1+50	10 min	27c	PolarBear
TMX					
Rodinol	ISO 100	1+100	15 min	28c	Void